



## Photo Release

I, the undersigned, give the Arc of Greater Plymouth organizers my permission to use a photograph of me/my ward's likeness in television, radio, film, newspaper, magazines and any other media in connection with the Respite/ Family Support Program.

This release will expire in one year.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

## Liability Waiver

I agree to assume all responsibility for all risk, damage or injury that may occur to me as a participant in this activity/ event. In consideration for being accepted as a participant, I hereby for myself, my heirs, executors and administrators, release and discharge The Arc of Greater Plymouth, the sponsors associated with this event, the staff, and volunteers from all claims, damages, rights of action, present and future, whether the same be known, anticipated or unanticipated, resulting from or arising out of, or in incident to, my participation in this event. I grant permission to be medically treated and receive emergency services at a local hospital. I also grant permission for the use of my name, picture, and or videotape in any broadcast, photograph or other account of this event.

\_\_\_\_\_  
Signature of Parent or Guardian

## Location of Classes:

Plymouth South High School  
Long Pond Rd, Plymouth, MA 02360

52 Armstrong Road  
Plymouth, MA 02360

COMMUNITY PARTNERSHIP ENRICHING COMMUNITIES  
**The Arc**  
Greater Plymouth



## ***Ages 16 and Up***

### ***4 Week Program***

### ***1/28, 2/4, 2/11, 2/25, 2015***

### ***No class held on 2/18***

### ***4:00 pm –5:30pm***

## ***Plymouth South High School Culinary facilities***

Please Contact:

Jill O'Reilly  
508-732-9292 ext. 133  
jillo@thearcofgp.org



# Cooking Classes

The Arc of Greater Plymouth and Plymouth South High School Culinary program is offering a 4 week cooking program. Culinary Teacher Andrea Cotta will teach the students many skills needed to prepare, cook, serve and also learn proper clean up in the kitchen. Students will learn to cook four easy meals and take the skills they have learned after the 4 weeks and cook independently. They will also learn how to properly set a table and proper table etiquette. Cooking is a very important Life Skill and this program will help students gain confidence to prepare and cook a great meal they can be proud of.

Classes held at Plymouth South High School  
Culinary Facility  
490 Long Pond Road  
Plymouth, MA 02360

4 Week Cooking Program  
Session One  
Wednesdays 4:00 pm– 5:30 pm  
1/28, 2/4, 2/11, 2/25, 2015

**No class held on 2/18**

**Please Send Registration and Fee to:**

**The Arc of Greater Plymouth**  
52 Armstrong Road  
Plymouth, MA 02360  
**Attn: Cooking**

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Phone: \_\_\_\_\_

Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

*Food Allergies* \_\_\_\_\_

\_\_\_\_\_

*Cooking Classes \$55.00* \_\_\_\_\_

*Session 4-5:30 pm*

**Please Sign Photo Release & Liability Waiver**

**Please Contact:**

Jill O'Reilly  
508-732-9292 ext. 133  
jillo@thearcofgp.org